

**Element list****[WAG] Balance Beam W-036**

element ID	element
1.516	Salto fwd piked to stand – approach from end of beam
5.510	Salto fwd piked to cross stand
6.102.2	Salto fwd piked
6.203.2	Jump bwd with 1/2 twist (180°), salto fwd piked (Arabian salto)
6.303.2	Stretched jump fwd with 1/1 twist (360°) and salto fwd piked